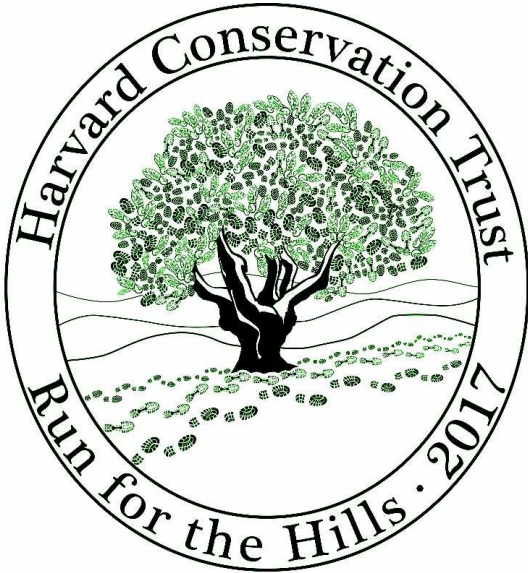




# Harvard Conservation Trust Annual 5K Trail Race & Fun Walk



**Date:** October 22, 2017

**Sign-in:** 9:00—10:00 am (Tec T-shirt with registration before 9/22)

**Entry Fee:** \$30 (\$25 for HCT members)

**Run/Walk Start:** 10:30 am

**Location:** Harvard Park (McCurdy Track), 34 Lancaster County Road, Harvard MA, 01451

*Rain or Shine ... All Proceeds to Benefit HCT!*

## 9<sup>th</sup> ANNUAL "RUN FOR THE HILLS"

The Harvard Conservation Trust (HCT) is a charitable, non-profit land trust. Our mission is to preserve the unique character and natural resources of Harvard. Founded in 1973, HCT has been working for over 40 years to protect wildlife habitat, water and wetlands, outdoor recreation areas, and natural, scenic beauty.

The landscape of Harvard is deeply appreciated by all who experience its scenery and terrain. A walk, a run, a bike ride here is memorable because of the challenge and extraordinary beauty. We are proud of both the running and conservation legacies in Harvard. But like many rural towns in eastern Massachusetts, our open space and natural resources are under increasing pressure. Your participation in the 5k "Run for the Hills" (a flat course!) will provide funding to protect the open space and natural resources required for people and wildlife to thrive for years and generations to come.

## NEW "WALK FOR THE HILLS"

This year, in addition to the 5K trail race, we offer a non-competitive 2 ½ K ( 1 ½ mile) walk through the same wooded trails and field paths that the runners follow. Children and adults of all ages are welcome to join in the fun and enjoy the community walk.

**EVENT DETAILS & REGISTRATION INFO ON BACK ...**

## Course Description and Map

- Race course is wheel measured to exactly 5.0 KM & computer timed by professional timing company
- Walkers' course is 2.5K (about 1 ½ miles)
- Start/Finish on McCurdy Track, with the primary sections of the course on scenic wooded trails and fields.
- The trail footing is a combination of crushed/packed gravel, packed dirt, coarse grass with leaves, some roots and rocks.
- Water stop available along the route
- Thanks to the Town of Harvard and private landowners for use of their property for this event!

### **Run for the Hills Course Map 2017**

Light refreshments, and awards for 1st thru 3rd in multiple age classes, provided at the finish!



## Registration & Fee:

Individual 5K: \$30 | HCT Member: \$25 | Children under 15: \$20 | 2.5K Walk: \$20 | Family: \$75

Tec T-shirt and discount rates for registrations received before September 22, 2017; cotton T-shirts for purchase for day-of registrants. Proceeds to benefit HCT!

Online Registration through *Lightbox* at:

<http://www.lightboxreg.com/2017-run-for-the-hills-5k?func=&mobile=0>

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For questions or further information contact Race Director, Jim Lee, at: **978.456.3122** or **info@harvardconservationtrust.org**