

Annual Meeting to feature presentation of – A New England Food Vision: Conversations for healthy and thriving communities



The Harvard Conservation Trust Annual Meeting is free and open to the public, and will be held at the Harvard Public Library, Volunteers Hall at 4 Pond Road on Tuesday November 17th at 7:00 pm.

This year's guest speaker will be Brian Donahue, founder of Land's Sake Farm, professor of American Environmental Studies at Brandeis University, and co-author of the recently released report entitled, A New England Food Vision. The vision presented in this report is one of community health and a thriving agrarian economy across New England, where as much as 50% of our food is produced within the region by 2060.

Food and community health are common to us all, and Harvard is home to a deep and distinguished agrarian heritage – we encourage everyone to attend and join the conversation.

The presentation will be preceded by a brief HCT business meeting, and will be accompanied by the traditional homemade gingerbread and cider among other light refreshments. Bring a friend!

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goal is to provide 50% of the regions food by 2060. The authors of A New England Food Vision include professors, researchers, and consultants of Sustainable Agriculture, environment, and public policy.=

Brian Donahue is one of the lead authors of this vision and will speak at the Harvard Conservation Trust's annual meeting in November 17th at 7:00pm at the Library's Volunteers Hall. Brian will delve into the vision and discuss how this vision can become a reality. Given Harvard's historic role in providing fruit and dairy for the region, and its remaining open space and farms, our town could contribute actively toward the objectives of the vision.



Brian Donahue is an engaging speaker who will share this vision with us in a provocative and thought-provoking discussion on policy

that impacts us all. We look forward to your participation in this discussion!—by Marc Sevigny

Harvard Conservation Trust Upcoming Events

<i>Tuesday, November 17</i>	<i>7:00 pm</i>	<i>Annual Meeting & NE Food Vision</i>	<i>Volunteers Hall, Harvard Public Library</i>
<i>Friday, January 1</i>	<i>Noon</i>	<i>Annual New Year's Walk</i>	<i>TBA</i>
<i>First weekend, February</i>	<i>TBA</i>	<i>Tracking Walk with Janet Pesaturo</i>	<i>TBA</i>
<i>Friday, March 11</i>	<i>7:30 pm</i>	<i>Warner Free Lecture Series:</i>	<i>Volunteers Hall, Harvard Public Library Frederick Law Olmsted's Emerald Necklace Park System (HCT co-sponsor)</i>

Would you Like to Become a Member? Need to Renew?

Yes, I want to preserve the unique character of the town of Harvard by joining the Harvard Conservation Trust.

Membership is on a calendar-year basis and is tax deductible. Make check payable to "Harvard Conservation Trust" and send to PO Box 31, Harvard, MA 01451, or save a stamp and renew or join online at www.HarvardConservationTrust.org.

___ \$25 Individual ___ \$50 Family ___ \$100 Friend ___ \$250 Associate ___ \$500 Sustaining Other _____

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If your employer will match your contribution, please enclose the application form.

The following committees of the Trust invite your participation. Please check any that interest you.

- | | | |
|-----------------------|----------------------------|------------------------------|
| Conservation | Stewardship | _____ event planning |
| _____ lands | _____ trail maintenance | _____ membership |
| Administration | _____ land monitoring | _____ publicity |
| _____ finance | Discovery | _____ website |
| _____ fundraising | _____ walks & talks | _____ photography |
| _____ archives | _____ tree-for-all | _____ graphic design/posters |
| | _____ newsletter & writing | _____ printing/mailing |
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Harvard Conservation Trust Legacy Review

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This is a publication of the **Harvard Conservation Trust.**

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Design: Karen Polcaro

Membership is open to all. To join the Trust, send your tax-deductible check for dues with the remittance at the back page of this Legacy Review. Alternatively, renew or join online.

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www.HarvardConservationTrust.org

Explore the trails!

Call us or send an email message if you're looking for:
Trail Guides \$10
(also at the General Store & Town Hall)
HCT baseball caps \$20

We're at:
102 Prospect Hill Road
(Fruitland's Museum)
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Land, Food, and Farms—What Does the Future Hold?

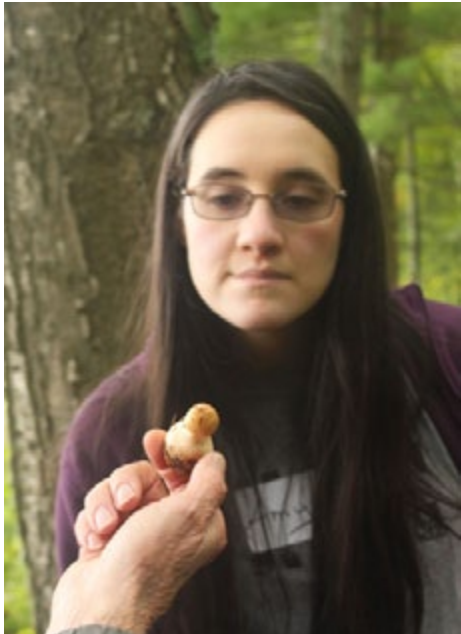
What if New England was better able to provide more food to feed those living here? Imagine being more regionally self-reliant and being able to produce half of the food we eat, coming from regional farms and fisheries. Perhaps having enough farms to supply half of our nutritional needs, and this being done without a significant increase in our carbon footprint. Could this happen while also maintaining healthy ecosystems? Imagine food production providing a decent livelihood for a growing number of people employed in this sector.

How would our diets be impacted? What are the environmental impacts? Where would

all the productive land come from? Is this sustainable? How would our communities change? How could this promote better health and improved quality of life for all?

The answers to these and other questions come from A New England Food Vision – a prescription for responsible policy change that will make such a transformation possible. The idea is to promote healthy eating, sustainability in regional food production, access to healthy food as a basic human right, and thriving agricultural and fishing communities. "50 By 60" is the tagline associated with the Vision whose

We've seen you around Town at our events:



A Mushroom Walk

Undaunted by chilly rain, fungi enthusiasts joined mycologists Al Ferry and George Davis for the second annual HCT mushroom walk. Their reward was a profusion of beautiful specimens – from pin size to hat size, on the ground and up in the trees. This enjoyable, bracing stroll through the woods off of Stow Road reminds us how lucky we are to have open space in Harvard and how important it is to continue to protect it. — *by Abbe Alpert*

Take the Trail Challenge

Anyone interested in taking the trail challenge should visit the Trust's website at HarvardConservationTrust.org for details.

Helping Hands for a Good Cause



On a recent beautiful morning, a group of volunteers sponsored by the Harvard Conservation Trust picked hundreds of pounds of apples for the Community Harvest Project at their Prospect Hill Road orchard. A hay-wagon transported the group to the highest point in the orchard to collect the fruit from the Macintosh and Cortland trees that were ripe in that portion of the 30-acre orchard. The Community Harvest Project, or CHP, is a North Grafton-based non-profit organization whose mission is to provide high quality, highly nutritious, fresh fruits and vegetables that are distributed throughout these hunger relief organizations. The Trust supports them in their efforts to keep the orchard productive while also maintaining a highly scenic property on Prospect Hill.—*by Marc Seigny*

HCT Getting a Lift



Jesse Koyen

Thanks to a successful application to the MassLIFT program, HCT will gain the time and expertise of Sudbury Valley Trustees' AmeriCorps Land Stewardship Coordinator – Jesse Koyen. Beginning in December, Jesse will assist HCT in implementing new technologies and equipment for annual monitoring of land and conservation restrictions. As one of a select number of projects, HCT will receive a minimum of 140 hours of Jesse's time over several months, including and training for HCT stewardship volunteers. The new techniques are intended to make navigating and data collection in the field easier for volunteers, and long-term filing and record keeping more efficient.

The Massachusetts Land Initiative for Tomorrow (MassLIFT) was established in 2010 under the leadership of Mount Grace Land Conservation Trust of Athol, Massachusetts. This AmeriCorps program is a collaborative effort of regional

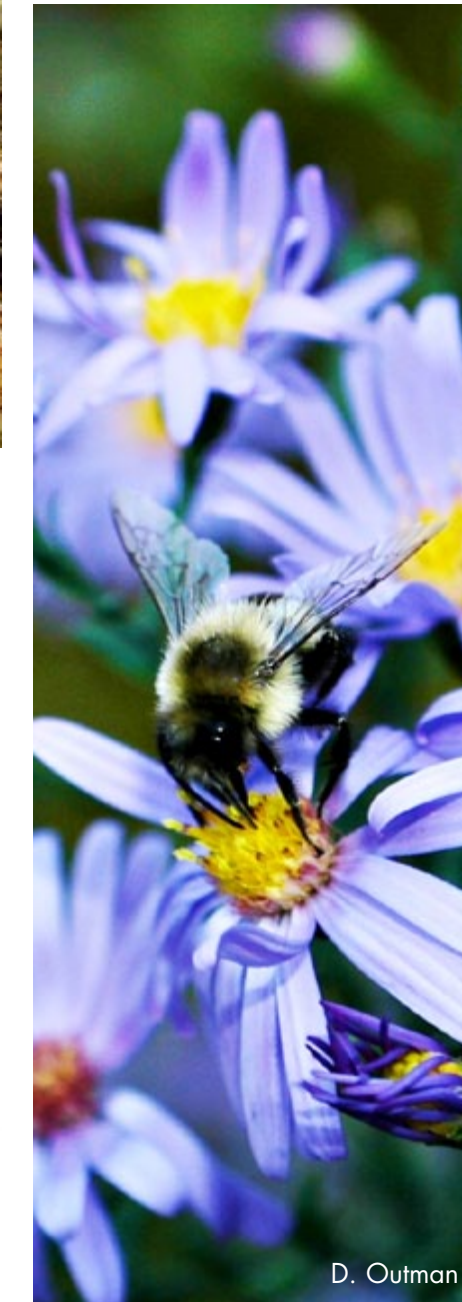
conservation organizations seeking to build public support for land conservation, increase regional conservation capacity, strengthen land stewardship, and provide opportunities for youth to connect with nature and engage in service learning. The overall goal of MassLIFT is to accelerate the pace of land protection across the Commonwealth. Fifteen organizations are hosting AmeriCorps members in our 2015-16 program, which has twenty-three members helping their hosting organizations meet critical community conservation needs. — *by David Outman*



Our land. Our Legacy.

In belonging to a landscape, one feels a rightness, an at-homeness, a knitting of self and world. — *Scott Russell Sanders*

Nature Sighting



D. Outman

Native pollinator at work

Run for the Hills Recap

In town a town with multiple recreation options, Sunday September 13th at McCurdy Track was the place to be for this year's event. Nearly 200 registered to run/walk the 5K(3.1 mile) which winds its way through the woods and fields of north Harvard on both public and private lands. The relatively flat course brought entries from ages 8 to 73. Although the weather was ideal for running the course record did not fall.

Top finishers were Cody Freihofer for the men with a time of 18:35 and Makayla Paige for the women from Tewksbury with a time of 22:06. Top Harvard runners were Rob MacWaters for the men with a time of 19:13 and Kate Toll for the women with a time of 22:31.

The RFTH trail run could not happen without all the support from over two dozen local sponsors, who once again came through with generous donations of prizes, goodies and funds.

With the longtime race director Ted MacMahon stepping aside this year, the trail run was organized by Kim Manning, Michele Girard, and Jim Lee – who are grateful for the army of volunteers who set up the course, marshaled, and registered racers. The Trust would also like to thank the neighboring landowners, Peter and June Warren, Sarah and Tim Arnold, who once again graciously allowed the use of their land. — *by Jim Lee*



The Harvard Conservation Trust welcomes and thanks our newest members!

The Gulati Family
Carolina and Rob McCauley
Matthew Mostoller
Nicole Schmidt/Erik Skulte
Charlotte Vallaeys
Joanne Zabbi
Lee Zupancic

Appreciating a commitment to conservation . . . **Won't you join us?**

Note from the Executive Director



Greetings! “Even in a country you know by heart, it's hard to go the same way twice. The life of the going changes. The chances change and make a new way.” – so wrote Wendell Berry, poet, farmer and conservationist, in *Traveling at Home*. These simple lines are fitting for my start as the Trust's new Executive Director. After spending nearly a decade protecting land across the Commonwealth, I am honored to join HCT and to help protect and promote the landscape I know and love best. I encourage everyone to spend more time exploring and “traveling” Harvard's beautiful landscape; and I hope, together, we can continue to grow HCT's remarkable conservation legacy!—*David*